

Pillow Sewing Instructions

Positioning pillows are used to keep areas of a patient's body from contact with a bed, bed rails, tubing, etc. The elevation of the body part increases circulation to the area so the skin can stay healthy and not further degrade.

- Various sizes of pillows are needed:
 - * • Our most needed sizes are 4x18, 6x12, 10x10, and 6x6. *
 - Our largest size is 12x12. Our smallest size is 2x6 (an agitated patient can hold a small pillow and squeeze it to calm them). These two sizes are our least needed sizes, though, and we don't need many.
- The fabric must be soft and washable. Use cotton, flannel, and soft knits. Avoid upholstery fabric and rough fabrics, like burlap and blue jean material. Please wash the fabric before use.
- Our pillows must be destroyed after a patient passes away; they are not reused. So, please use remnant pieces of fabric, and avoid expensive fabrics. Please don't spend time decorating or embroidering your pillows, as that isn't necessary.

Please call Amy Potts if you have any questions at (913) 324-8515 or email her at amy.potts@olathehealth.net.

Thank you for providing comfort to our hospice patients and families!